

This event is presented by the
CESA 6 Special Education Student Services Center

Growing Minds

Calm Classrooms & Caring Schools

Mindfulness Training for

4K to Grade 3

Presenter: Deb Biechler

February 6, 2020 | 8:30 a.m. - 3:00 p.m.
CESA 6, Oshkosh



Details

DATE

- February 6, 2020

TIME

- 8:30 a.m. - 3:30 p.m.

REGISTER ONLINE

<https://www.cesa6.org/events/>

REGISTRATION FEE:

- \$180 per person

LOCATION:

- CESA 6 Conference Center
2300 State Road 44, Oshkosh

For additional information, contact:

Jackie Schoening
Coordinator, Safe & Healthy Community
Ph: (920) 236-0515
Email: jschoening@cesa6.org

Questions, contact:

Debbie Pinkerton
Program Assistant
Ph: (920) 236-0548
Email: dpinkerton@cesa6.org



Description

This course includes an introduction to Mindfulness and strategies for educators to use in the classroom. Researched benefits of mindfulness-based education techniques will be studied, as well as ways to share these strategies with parents.

Participants will:

- Receive the Growing Minds curriculum.
- Gain an understanding of Mindfulness-based education and its researched benefits.
- Learn practical applications/techniques of using mindfulness-based strategies with students.
- Explore strategies to educate parents about mindfulness-based education.
- Practice mindfulness-based techniques and teaching methodology.
- Explore early childhood appropriate support materials

Who should attend?

Regular and special education educators, school counselors, school social workers, school psychologists, and school leadership teams.

Cancellation policy: Any registration cancellation must be received at least 8 business days before event in order for a full conference fee refund to be issued (full refunds do not include service fees. Service fees are nonrefundable). Registration cancellations received 1-7 business days before an event, a refund, minus \$50 for each participant, will be issued. Persons who are registered, but not in attendance on the day of the session ("no call, no show") will be charged the full registration fee. CESA 6 reserves the right to cancel any session due to insufficient enrollment. Participants will be notified by email if a cancellation occurs. Note: Cancellation policies are subject to change based on event.